



合気道 Eagle Dojo

AIKIDO WEST BRIDGFORD

Nottingham Aikido



07752 231 024

First Class Free - No contract

Group rates available

DISCIPLINE FOCUS
SELF DEFENCE



- Gain Confidence
- Have Fun
- Get Fit

Classes by age:

- Dragons (4-10)
- Juniors (11-16)
- Adults (16+)

For more info message us or see our website:

Nottinghamaikido@gmail.com

www.nottinghamaikido.com



Classes all year in West Bridgford and Wollaton

Head instructor: Phil Musson Sensei (5th Dan)

Musson Sensei has traveled internationally to train under Master Thamby Rajah Sensei (9th Dan), Joe Thambu Shihan (8th Dan) and Robert Mustard Shihan (8th Dan). He regularly teaches all levels of experience, supported by a fully qualified and vetted team of instructors.